

MIND BODY

Natural Medicine for Your Physical and Emotional Health

Physical Health

Use it or lose it. We all know that eating well, exercising and drinking lots of water are the mainstays of health. Do you even really know what it means to eat well for your body type? A vegetarian lifestyle is touted as being very healthful but it leaves me cold and cranky in these cold Alberta winters.

What is truly right for you?

Emotional Health

It is amazing to me how much time, and money, we spend on our physical health. We put bandaids on boo boos, ointments on rashes and take tons of vitamins so we can be healthy.

What about our emotional life? How do we deal with the pains or slights from our childhood? How do we cope with loneliness or heartbreak of divorce and other losses.

Finally there is a way to measure what is blocking your health and happiness and homeopathic drops to rebalance your system.



Emotional conditions are often the root cause of physical illness.

Have you ever wondered what is blocking the flow of your health and happiness?

Energy blocks cause many chronic conditions. Most important are inner blocks caused by emotional conflicts.

The blocked energy flow is often the main cause of disturbed metabolism in a segment or region of the body, which leads to many physical illnesses and complaints.

Anxiety, Learning problems, ADD

Studies in Europe show an 85% efficacy rate with Reba treatment.



What are the different energy levels measured with the Reba device?



The energy levels that are tested are the vital, the emotional, the mental, and the causal levels.

VITAL: corresponds to the amount of strength a person physically has at his disposal. A person with a low vital energy level is *generally exhausted much of the time.*

EMOTIONAL: corresponds to a person's mood. Someone with a low emotional energy generally feels *grumpy, irritated, overly sad, or emotionally depleted.*

MENTAL: corresponds to a person's conscious awareness. It is what allows him to get through the day efficiently. Someone with a low mental level generally is *forgetful, easily distracted, and has trouble concentrating.*

CAUSAL: corresponds to the person's intuition and inner guidance. The higher the causal level, the more sensitive, intuitive, and connected he is with the world around him.

Conflicts are similarly tested on these four levels. A conflict's energy profile is indicative of the degree of negative influence it has upon the person.

The device is a diagnostic tool that establishes the priority of treatment. The process focuses on one conflict at a time.

Most of us have anywhere from 3 - 7 conflicts to work on. As we unravel the conflicts one at a time which can take up to a year and a half especially if you are 40+, one experiences a profound transformation in addition to a reduction if not elimination of chronic complaints and illnesses.

Once diagnosed by the Reba device specific homeopathic remedies are given to melt way the conflicts. These protocols are very easy to follow and over the course of treatment many people experience the elimination of many physical and emotional symptoms.

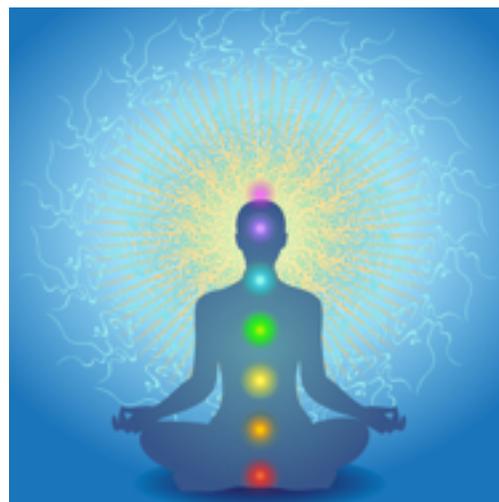
This process is non-content driven, in other words there is no dwelling over the conflict as is done in typical psychotherapy.

What else is possible with this method?

A special test kit can be used to test energy level/health of organs and major body systems.

The device will indicate if the corrective remedies will balance the stress in the specified organ and correct the identified energy blockage and conflict.

This enables us to fine tune the prescription right from the start. When combined with the treatment of the person's energy blockages and chakras, this approach creates a cutting edge, modern practice of natural medicine.



Create balance, find peace